

ISPAE

MIDTERM MEETING 2026



October | 24, 25 2026

Venue: Hyatt Regency, Ahmedabad

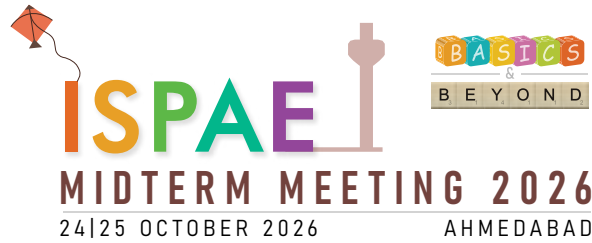


Welcome to the 1st Heritage City of India

Organised By:



www.ispae2026.com



Welcome Letter

Dear colleagues and friends,

On behalf of the Organising Committee, it gives us immense pleasure to warmly welcome you to the ISPAE Mid-Term Meeting being held in Ahmedabad, India's first UNESCO World Heritage City on 24th-25th October, 2026 at Hyatt Regency (Ashram Road).

The academic meetings of ISPAE have always provided a stimulating platform for learning and sharing knowledge and creating a bridge between research and its clinical applications. The scientific program is designed with a goal to focus on evidence based practice ensuring relevance both for experienced clinicians and young professionals.

As this is the first ISPAE meeting in Gujarat, we are particularly enthusiastic about extending the warmth of Gujarati hospitality and give you a glimpse of our world renowned vibrant culture, heritage and traditions. We are delighted to host this prestigious meeting at a venue that fosters academic excellence while offering comfort and easy accessibility.

We sincerely hope that your time in Ahmedabad will be academically enriching, professionally rewarding, and culturally memorable. We look forward to your active participation and wish you a pleasant and fulfilling stay.

With warm regards,

Dr. Sudha Rao
Organising Chairperson

Dr. Shalmi Mehta
Organising Secretary

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Dr. P Raghupathy

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Dr Banshi Saboo

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Dr. Riddhi Patel **Dr. Pinky Meena**

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Dr. Angelica Mehta

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Dr. Shaila Bhattacharyya

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Basics In Pediatric Diabetes Workshop

24th October, 2026, 9.00 AM – 12:30 PM

Coordinators: Dr Anju Virmani, Dr Sirisha Kusuma B



Join us for a **highly interactive, hands-on learning experience** designed to cover all essential aspects of **pediatric diabetes care**. The workshop is thoughtfully divided into two engaging sections to maximize participation and practical understanding.

Section 1: Case-Based Interactive Learning (75 minutes)

24 real-life case scenarios covering all aspects of Type 1 diabetes care.

Section 2: Hands-On Workstations (120 minutes)

Experience practical learning through 4 interactive workstations.

Insulin Therapy
Blood Glucose And Other Monitoring
Medical Nutrition Therapy
Emergencies, Careers, Marriage Etc

25 minutes per workstation

**Encourage your diabetes educators, nutritionists,
adults living with Type 1 Diabetes to attend !**

Advanced Workshop On Type 1 Diabetes Technology

24th October, 2026, 9.00 AM – 12:30 PM

Coordinators: Dr Shaila Bhattacharyya, Dr Abhishek Kulkarni



Join us for an engaging and interactive workshop focused on the latest advancements in Type 1 Diabetes (T1D) management.

Who should attend?

- Practising Pediatric Endocrinologists
- Pediatric Endocrine trainees
- Individuals living with T1D
- Diabetes educators
- Pediatricians interested in Diabetes Management

PROGRAM HIGHLIGHTS

Section 1: Expert Sessions (100 Minutes) focusing on the latest technological advances in Type 1 Diabetes.

- Continuous Glucose Monitoring Systems (CGMS)
- Insulin Pump Therapy
- Future innovations in diabetes technology
- Real-Life User Experiences

Section 2: Hands-on Training (90 Minutes)

Understanding devices for CGMS and insulin pumps and their practical applications and interpretation

Workshop on Obesity in Children and Adolescents

24th October, 2026, 9.00 AM – 12:30 PM

Coordinators: Dr Ahila Ayyavoo, Dr Ruchi Shah



Obesity and Metabolic syndromes are rising at an alarming rate in children and adolescents, posing significant long-term health challenges. 80 % of the children and adolescents, end up having obesity in adulthood. This workshop is designed to help clinicians stay updated with core concepts and the latest advancements in the field of pediatric obesity.

What This Workshop Covers

This workshop includes interactive discussion on

- Lifestyle related obesity
- Non nutritional obesity – syndromic, hypothalamic, monogenic forms
- Practical lifestyle interventions
- Pharmacological treatment of obesity, role of GLP1 agonists
- Role of Bariatric surgery
- Screening and management of each component of Metabolic syndrome
- Co morbidities associated with obesity and its management.

Highlights

This workshop includes interactive discussion on

- Discussions by renowned national faculty
- Practical solutions to the management of Pediatric Obesity in our OPDs
- Insights from adult endocrinologists with the experience of long-term use of GLP1 agonists

Key insights and recommendations from this workshop will also be shared with the Health and Family Welfare Department, Government of Gujarat and UNICEF contributing to broader public health initiatives.

 ISPAE
MIDTERM MEETING 2026
24|25 OCTOBER 2026 AHMEDABAD



Venue: Hyatt Regency, Ahmedabad



Welcome to
**AMAZING
AHMEDABAD
& GLORIOUS
GUJARAT**



Abstract Submission Guidelines

The scientific committee of ISPAE 2026 invites the submission of abstracts showcasing original work, innovative ideas, and impactful contributions for presentation at the conference. This call for abstracts provides an opportunity for authors to present their research and insights to a distinguished panel of esteemed judges and subject-matter experts.

We welcome submissions from:

- Pediatric Endocrine fellows and DM trainees
- Pediatricians & Physicians with interest in Pediatric Endocrinology
- Pediatric Endocrinologists and Diabetologists
- Young consultants and registrars
- Pediatric trainees who have a keen interest in the field of Pediatric Endocrinology
- Diabetes educators, nutritionists, diabetes nurse practitioners

Submission categories:

- Pediatric Diabetes
- Pediatric Endocrinology

The following guidelines outline the instructions for abstract submission:

- The title should be brief but adequate to identify the abstract's nature clearly.
- The name and location(s) where the work was undertaken must appear appropriately.
- A maximum of 5 co-authors can be listed.
- Structure: Introduction, Aims, Methods, Results and Discussion.
- The body of the abstract should be no more than 300 words. References are not allowed.
- The body of abstract needs to be in single-spacing, Times New Roman, font size 11 for uniformity.
- Up to 1 image and 1 table with caption are allowed. They should be placed at the bottom of the abstract.

Abstracts must be submitted only through the online system only on or before July 31, 2026, by midnight Indian Standard Time (+5.30 GMT). Late submissions will not be accepted.

Note:

- The selection of abstracts is subject to approval by the Scientific Committee.
- Abstract must be original and unpublished work. Abstracts/papers previously published or presented at any national or international conference are not permitted.
- 3 best papers in each category (Diabetes and Endocrinology) will be selected as ORAL PAPERS; rest may be selected for POSTER PRESENTATION.
- Authors will receive the e-mail notification of abstract acceptance/rejection by mid-August 2026.
- The presenting authors must register for the conference by August 31st, 2026. Failing to do so will result in withdrawal of the abstract.
- If you wish to withdraw the abstract, please notify the secretariat by e-mail (abstractispae@gmail.com).

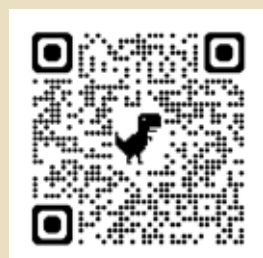
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- Relevance to theme/conference scope
- Originality/novelty
- Scientific rigor & methodology
- Clarity of objectives and results
- Impact and applicability

Submit your abstract now.

Abstract Submission Important Dates

Submission opens	1 st March, 2026
Last date for abstract submission	31 st July, 2026
Notification of abstract selection	15 th August, 2026
Last date for registration for abstract presenters	31 st August, 2026



Scan to submit

Registration

Category	Standard	Late	Spot
	Up to 31 th July, 2026	Up to 15 th Oct., 2026	
ISPAE Member	₹9,500	₹12,000	₹14,000
Non ISPAE Member	₹11,000	₹14,000	₹16,000
Accompanying Person	₹8,000	₹9,000	₹10,000
Trainees*	₹7,000	₹9,000	₹10,000
Intenational Delegate	\$150	\$175	\$200
Only Workshop**	₹2,500	₹4,000	₹4,500
Allied HCPs***/#	₹3,000	₹4,000	₹4,500
Pediatricians and physicians (1 day)***	₹4,000	₹4,500	₹5,000

Charges are inclusive of GST

*Required to Submit Student ID Proof / Letter from HOD

**Includes Lunch

***Includes workshop, lunch, scientific program and high tea

Allied HCPs include diabetes educators, nurse practitioners, nutritionists etc (ISPAE member/non-member)

Cancellation Policy

- Cancellation must be submitted in writing to conference secretariat.
- Upto 31st August: 50% of paid amount will be refunded.
- No refund after 31st August.
- All refunds of registration will be done as per the rules within 15 days of the close of the conference.

REGISTER NOW!

[Click Here](#)

Conference Secretariat

Dr. Shalmi Mehta,

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